

...::HEART CIRCLE KIRTAN SONGBOOK::...



What is Kirtan? Kirtan is a form of devotional group chanting, like praying together, that brings us the same stillness of mind as meditation and has the power to open the heart. It nurtures a sense of connection.

By simply repeating mantras, you can release your mind from its daily chatter and bring a powerful heart-opening effect.

Singing Kirtan allows us to become peaceful, to have a direct experience of the stillness inside. In Kirtan, no knowledge of Sanskrit is needed to receive and experience the yogic benefits of chanting. It is not a question of how much you know, if your heart is even a bit open, the sacred names will bring joy. And when the music stops, your mind is quiet. Kirtan is a very simple & powerful way to meditate. It's effortless & joyful; the music does the work for you as you flow with the melody & rhythm. All the participants are creating the experience together. Singing is the heart of kirtan, and no one cares what you sound like. At a kirtan all voices merge together to become One Voice, and at Heart Circle Kirtan we encourage you to explore the landscape of each mantra and melody, creating harmonies and sounds as you feel

1. JAYA GANESHA – Brian pisac kirtan

G C
JAYA GANESHA, JAYA GANESHA, JAYA GANESHA, PAHIMA
AM EM G
SRI GANESHA, SRI GANESHA, SRI GANESHA, RAKSHAMAN X2
G D C G
JAYA GANESHA, JAYA GANESHA, JAYA GANESHA, PAHIMA
G D C G
SRI GANESHA, SRI GANESHA, SRI GANESHA, RAKSHAMAN X

2. GANESHA SHARANAM

Am
GANESHA SHARANAM
G Am
SHARANAM GANESHA
G
JAI JAI GANESHA
Am
NAMO NAMAH x2
Am G Am
KALI DURGE NAMO NAMAH
G Am
DURGE DURGE MA KALI MA

3. JAI JAI GANESHA Prem Leela Jai Sahaja Bhajan

C G F AM C G F
JAI JAI GANESHA, JAI GANESHA OM
F/G
OM GAM GANAPATE OM GAM GANAPATE OM

4. OM GANESHA (capo 1) Jai Sahaja Mooji Mala Bhajan

F G AM F
OM GANESHA, OM GANAPATE OM
F G AM F
GANAPATE OM, GANAPATE OM, GANAPATE OM, GANAPATE OM

5. OM MATA OM KALI

AM G AM
OM MATA, OM KALI, DURGE DEVI/DEVO NAMO NAMAHA
AM G F E /AM, G, F, G AM
SHAKTI KUNDALINI JAGADAMBE MATA

6. JAI MATA KALI

Am G Am
Jai Mata Kali, Jai Mata Durge x2
Am G Am
Kali Durge Namoh Namah x2
Dm Am
Kali Durge Namoh Namah x2
Am G Am
Kali Durge Namoh Namah x2

7. Shiva Shambo/Lokah Samastha capo v

Am C G Am
SHIVA SHIVA SHIVA SHAMBO, SHIVA SHIVA SHIVA SHAMBO
Am C G Am
MAHA DEVA SHAMBO, MAHA DEVA SHAMBO
Am C G Am
SHIVA, MA DEVA SHAMBO
AM C G AM
LOKAH SAMASTHA SUKHINO BHAVANTU

8. BOOM BOOM

Am G Am G
JAYA SHIVA SHANKARA BOOM BOOM HARE HARE
Am G Am G
HARE HARE, HARE HARE, BOOM BOOM, HARE HARE

9. HARI OM NAMA SHIVAYA Jai Sahaja Mooji Mala Bhajan

AM F C G
HARE OM HARE OM HARE OM NAMAH SHIVAYA
AM F C G
SHIVAYA, SHIVAYA, SHIVAYA, SHIVAYA

10. OM NAMO AMITABHAYA Capo III

AM DM
OM NAMO AMITABHAYA
C EM AM
BUDDHAYA, DHARMAYA, SANGHAYA
AM G F E
OM NAMO, NAMO, NAMO AMITABHAYA

11. MEDICINE BUDDHA/ AVOLOKITASHVARA/ GREEN TARA

AM C G D

TAYATHA OM BEKANDZE BEKANDZE MAHA BEKANDZE
RANTZA SARVA-GATE SOHA X2

OM MANI PADME HUM, OM MANI PADME HUM X2
OM TARE TUTARE TURE SOHA

12. HEART SUTRA Sacred Valley Tribe medicine music

Capo v, am g em am x 2 c g em am x 2 ☺

GATE GATE PARAGATE PARASAMGATE BODHI SOHA

13. GREEN TARA MANTRA Georgia Aden Melody

DM AM E AM
OM TARE TUTARE TURE SOHA

14. **HEY HEY GOVINDA...** Jai Sahaja Mooji Mala Bhajan

G AM
HEY HEY GOVINDA, HEY HEY GOPALA
DM EM AM
HEY VASUDEVA, HEY NITCHANANDA
DM EM AM
SRI RADHE RADHE RADHE, RADHE RADHE RADHE SHUM

15. **RADHE KRISHNA**

AM C G AM
SRI RADHE, RADHE GOVINDA, JAI RADHE, GOPAL X2

RADHE KRISHNA, RADHE KRISHNA, KRISHNA RADHE
RADHE RAMA, RADHE RAMA, RAMA GOPAL X2

16. **RADHE RADHE GOVINDA** capo 4

C G AM F
RADHE RADHE GOVINDA, GOVINDA RADHE
C G AM F
RADHE RADHE GOVINDA RADHE

17. **GOPALA HARE** Wah!

F G AM F G AM
GOVINDA GOPALA SRI HARE GOVINDA GOPALA
C F EM AM
GOPALA HARE GOPALA

18. **BABANAM KEVALAM** Ananda Marga

G C G D
BABANAM KEVALAM BABANAM KEVALAM
C G D
BABANAM KEVALAM BABANAM KEVALAM

19. AUM VAKRATUNDAYA HUM Daya pisac

Am g, f g am.

AUM VAKRATUNDAYA HUM x 2

VAKRATUNDAYA DEEMAHI x 2

GANESHA, AVATARA, NAMAHA x 2

20. SITA RAM CAPO 3 Jai Sahaja Mooji Mala Bhajan

AM C G F

SITA RAM, JAY JAY RAM, SITA RAM, JAY JAY RAM

F AM C G

SITA RAM, JAY JAY RAM, SITA RAM, JAY JAY RAM

21. BHAGAWAN KRISHNA! (AM, G, F, E) Deigo Palma, Sacred Valley Tribe

HE BHAGAVAN KRISHNA, HE MADHAVA KRISHNA, HE ACHYUTA
KRISHNA, KRISHNA KRISHNA (BIS)

RADHA MANO THADA, HE RADHA JIVANA, HE GOPI MADHAVA,
KRISHNA KRISHNA

22. OM NAMO BHAGAVATE VASUDEVAYA x2 AM,G,F,G,AM David Lurey

VASUDEVAYA, VASUDEVAYA, VASUDEVAYA HUM x2

23. SHANKARA AM G F AM, AM C G AM Jai Sahaja Mooji Mala Bhajan

SHANKARA KARUNA-KARA, JAGADESHWARA PARAMESH-WARA

SHANKARA KARUNA-KARA, JAGADESHWARA PARAMESH-WARA

24. OM ARUNACHALA OM AM C F Jai Sahaja Mooji Mala Bhajan

OM ARUNA CHALA OM

ARUNA CHALA, ARUNA CHALA, ARUNA CHALA

SHIVA SHIVA SHIVA !!!

25. SATNARAYAN WAHE GURU Capo 3

Satnarayan wahe guru- invocation for inner peace (equally outer peace ☺)

Am G DM Am
SAT NARAYAN WAHE GURU, HARI NARAYAN SAT NAM X2
C G Dm Am
SAT NARAYAN WAHE GURU, HARI NARAYAN SAT NAM X2

26. GAITRI MANTRA

Am em F
OM BHUR BHUVAHA SWAHA
G Am em F
TAT SAVITUR VARENYAM
G C
BHARGO DEVASYA DHIMAHI
Em F G Am
DHIYO YONAH PRACHODAYAT

27. SATCHITANDANDA

AM G AM
SATCHITANANDA GURU SATCHITANANDA
F G AM
ANANDA GURU OM SHIVANANDA GURU OM

28. NAMAH PARVATI (G,C)

NAMAH PARVATI PATAYE HARI HARI
SHIVA SHIVA SHANKARA MAHA DEVA
HARI HARI HARI HARI MAHA DEVA

29. MAHA MANTRA

(C, AM, G, F, C ~ G, F, C)

HARE KRISHNA, HARA KRISHNA
KRISHNA KRISHNA, HARE HARE
HARE RAMA, HARE RAMA
RAMA RAMA, HARE HARE

30. HARE MAHADEVA CAPO 4 (EM, C, G, D ~ EM, C, G-EM, C, D)

HARA MAHADEVA HARI OM MAHADEVA HARI OM MAHADEVA HARI OM
BOLENATH, BOLE BOLE BOLENATH

METTA SUTTA

This is what should be done
By one who is skilled in goodness,
And who knows the path of peace:
Let them be able and upright,
Straightforward and gentle in speech.
Humble and not conceited,
Contented and easily satisfied.
Unburdened with duties and frugal in their ways.
Peaceful and calm, and wise and skillful,
Not proud and demanding in nature.
Let them not do the slightest thing
That the wise would later reprove.
Wishing: in gladness and in safety,
May all beings be at ease.
Whatever living beings there may be;
Whether they are weak or strong, omitting none,
The great or the mighty, medium, short or small,
The seen and the unseen,
Those living near and far away,
Those born and to-be-born,
May all beings be at ease!
Let none deceive another,
Or despise any being in any state.
Let none through anger or ill-will
Wish harm upon another.
Even as a mother protects with her life
Her child, her only child,
So with a boundless heart
Should one cherish all living beings:
Radiating kindness over the entire world
Spreading upwards to the skies,
And downwards to the depths;
Outwards and unbounded,
Freed from hatred and ill-will.

Whether standing or walking, seated or lying down
Free from drowsiness,
One should sustain this recollection.
This is said to be the sublime abiding.
By not holding to fixed views,
The pure-hearted one, having clarity of vision,
Being freed from all sense desires,
Is not born again into this world.

Saint Francis of Asisi prayer

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; For it is in giving that we receive; it is in pardoning that we are pardoned; it is in dying that we are born again to eternal life.